



## COURSE OUTLINE: CYC251 - GROUP DYNAMICS II

Prepared: Child and Youth Care Faculty

Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

<b>Course Code: Title</b>	CYC251: GROUP DYNAMICS II
<b>Program Number: Name</b>	1065: CHILD AND YOUTH CARE
<b>Department:</b>	CHILD AND YOUTH WORKER
<b>Academic Year:</b>	2022-2023
<b>Course Description:</b>	This course is designed to build on the skills developed in Group Dynamics I. Opportunities will be provided for the individual student to demonstrate and develop skills in group leadership and group programming. The course will focus on children and adolescents and the therapeutic interventions that are possible / feasible in groups. It is the intent that the student acquires a clear understanding of the CYC's role in terms of this form of therapeutic intervention. Participants need to contribute to the team environment in a manner that reflects an attitude of cooperation and professionalism indicative of ethical standards.
<b>Total Credits:</b>	3
<b>Hours/Week:</b>	3
<b>Total Hours:</b>	42
<b>Prerequisites:</b>	CYC203
<b>Corequisites:</b>	There are no co-requisites for this course.
<b>Substitutes:</b>	CYW230
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<b>1065 - CHILD AND YOUTH CARE</b>
<b>Please refer to program web page for a complete listing of program outcomes where applicable.</b>	VLO 101 Develop and maintain relationships with children, youth and their families by applying principles of relational practice and respecting their unique life space, cultural and human diversity.
	VLO 102 Assess and respond to the strengths and needs of children and youth, including complex responses impacted by developmental, environmental, physical, emotional, social and mental health challenges in order to promote positive change.
	VLO 103 Analyze and evaluate the impact of the inter-relationship among family, social service, justice and community systems on children, youth and their families and use this information in the planning of holistic care and in the reduction of systemic barriers.
	VLO 104 Plan, implement and evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming, and group work to promote resiliency and to enhance development in children, youth and their families.
	VLO 106 Apply communication, teamwork and organizational skills within the interprofessional team and with community partners to enhance the quality of service in child and youth care practice.
	VLO 107 Develop and implement self-care strategies using self-inquiry and reflection processes to promote self-awareness and to enhance practice as a child and youth care practitioner.



	VLO 108 Use evidence-based research, professional development resources and supervision models to support professional growth and lifelong learning.												
<b>Essential Employability Skills (EES) addressed in this course:</b>	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>												
<b>Course Evaluation:</b>	<p>Passing Grade: 50%, D</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>												
<b>Books and Required Resources:</b>	<p>Groups: Process &amp; Practice by Corey, Corey &amp; Corey          Publisher: Brooks-Cole/Wadsworth Edition: 10th</p>												
<b>Course Outcomes and Learning Objectives:</b>	<table border="1"> <thead> <tr> <th>Course Outcome 1</th> <th>Learning Objectives for Course Outcome 1</th> </tr> </thead> <tbody> <tr> <td>1. Demonstrate skills that provide leadership and direction to group</td> <td>           1.1 Describe leadership styles in behavioural terms.            1.2 Discuss personal attributes indicative of leadership.            1.3 Demonstrate leadership techniques in a lab setting.            1.4 Obtain personal feedback and determine personal goals reflective of this feedback specific to leadership         </td> </tr> <tr> <th>Course Outcome 2</th> <th>Learning Objectives for Course Outcome 2</th> </tr> <tr> <td>2. Discuss a representative sample of theoretical approaches to group.</td> <td>           2.1 Describe Client Centred Therapy            2.2 Describe Rational-Emotive Therapy            2.3 Describe Behaviour Therapy            2.4 Describe Psychoanalytic Therapy         </td> </tr> <tr> <th>Course Outcome 3</th> <th>Learning Objectives for Course Outcome 3</th> </tr> <tr> <td>3. Design and implement strategies that enhance psycho-social development in children, youth and relevant others.</td> <td>           3.1 Select and discuss group activities that are appropriate to specific issues.            3.2 Prepare materials appropriate to the activity.            3.3 Conduct the activity within the group setting.            3.4 Obtain feedback and evaluate the activity.            3.5 Prepare a typed comprehensive description of the activity according to the prescribed format.         </td> </tr> </tbody> </table>	Course Outcome 1	Learning Objectives for Course Outcome 1	1. Demonstrate skills that provide leadership and direction to group	1.1 Describe leadership styles in behavioural terms. 1.2 Discuss personal attributes indicative of leadership. 1.3 Demonstrate leadership techniques in a lab setting. 1.4 Obtain personal feedback and determine personal goals reflective of this feedback specific to leadership	Course Outcome 2	Learning Objectives for Course Outcome 2	2. Discuss a representative sample of theoretical approaches to group.	2.1 Describe Client Centred Therapy 2.2 Describe Rational-Emotive Therapy 2.3 Describe Behaviour Therapy 2.4 Describe Psychoanalytic Therapy	Course Outcome 3	Learning Objectives for Course Outcome 3	3. Design and implement strategies that enhance psycho-social development in children, youth and relevant others.	3.1 Select and discuss group activities that are appropriate to specific issues. 3.2 Prepare materials appropriate to the activity. 3.3 Conduct the activity within the group setting. 3.4 Obtain feedback and evaluate the activity. 3.5 Prepare a typed comprehensive description of the activity according to the prescribed format.
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	<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
	4. Employ effective intervention strategies which meet the needs and goals of children and youth.	4.1 Select a theme for the group program. 4.2 Determine the appropriate number of sessions to accomplish the goal of the program. 4.3 Develop an outline of each of the sessions with objectives and format clearly specified.
	<b>Course Outcome 5</b>	<b>Learning Objectives for Course Outcome 5</b>
	5. Demonstrate strategies appropriate in dealing with problematic behaviours in group.	5.1 Describe behaviours and situations that are at issue in effective group performance. 5.2 Discuss causal factors underscoring this behaviour. 5.3 Identify and describe actions/interventions conducive to remediation of these issues.
	<b>Course Outcome 6</b>	<b>Learning Objectives for Course Outcome 6</b>
	6. Identify and use professional development resources and activities that promote professional growth.	6.1 Actively participate in the experiential learning process. 6.2 Participate in small group tasks as required. 6.3 Determine through self-assessment and collaboration with others, current skills

**Evaluation Process and Grading System:**

<b>Evaluation Type</b>	<b>Evaluation Weight</b>
Assignments	50%
Professional Skill Development	20%
Tests	30%

**Date:**

June 23, 2022

**Addendum:**

Please refer to the course outline addendum on the Learning Management System for further information.

